

SEASON 2019/2020 - PROGRAM A

| | | | | |
|----------------------------|-------------|-----------------|-----------------|-------------|
| GIRLS U6 | 70M | ON TRACK | LJ | |
| BOYS U6 | 70M | ON TRACK | LJ | |
| GIRLS U7 | 70M | 100M | ON TRACK | SP |
| BOYS U7 | 70M | 100M | ON TRACK | SP |
| GIRLS U8 | 70M | 100M | HJ | DISC |
| BOYS U8 | 70M | 100M | HJ | DISC |
| GIRLS U9 | 100M | 400M | HJ | SP |
| BOYS U9 | 100M | 400M | LJ | SP |
| GIRLS U10 | 100M | 400M | LJ | DISC |
| BOYS U10 | 100M | 400M | LJ | DISC |
| GIRLS U11 | 100M | 400M | TJ | SP |
| BOYS U11 | 100M | 400M | TJ | DISC |
| GIRLS U12 | 100M | 400M | HJ | JAV |
| BOYS U12 | 100M | 400M | LJ | SP |
| GIRLS U13 | 100M | 400M | LJ | SP |
| BOYS U13 | 100M | 400M | LJ | JAV |
| GIRLS U14 | 100M | 400M | TJ | JAV |
| BOYS U14 | 100M | 400M | TJ | DISC |
| GIRLS U15 & U16 | 100M | 400M | HJ | DISC |
| BOYS U15 & U16 | 100M | 400M | HJ | JAV |

* Under 6 compete in 2 events plus ON TRACK

* Under 7 compete in 4 events. 3 events plus ON TRACK before Xmas, 4 events after Xmas.

* 4 event Program for U8's to U16's

SEASON 2019/2020 - PROGRAM B

| | | | | | |
|----------------------------|-----------------|-------------|-----------|-----------------|-------------|
| GIRLS U6 | ON TRACK | 200M | | DISC | |
| BOYS U6 | ON TRACK | 200M | | DISC | |
| GIRLS U7 | 70M | 200M | LJ | ON TRACK | |
| BOYS U7 | 70M | 200M | LJ | ON TRACK | |
| GIRLS U8 | 70M | 200M | LJ | SP | |
| BOYS U8 | 70M | 200M | LJ | SP | |
| GIRLS U9 | 70M | 800M | LJ | DISC | |
| BOYS U9 | 70M | 800M | HJ | DISC | |
| GIRLS U10 | 70M | 800M | HJ | SP | |
| BOYS U10 | 70M | 800M | HJ | SP | |
| GIRLS U11 | 200M | 800M | LJ | DISC | 80H |
| BOYS U11 | 200M | 800M | LJ | DISC | 80H |
| GIRLS U12 | 200M | 800M | TJ | SP | 80H |
| BOYS U12 | 200M | 800M | TJ | JAV | 80H |
| GIRLS U13 | 200M | 800M | TJ | JAV | 80H |
| BOYS U13 | 200M | 800M | HJ | SP | 80H |
| GIRLS U14 | 200M | 800M | HJ | SP | 80H |
| BOYS U14 | 200M | 800M | HJ | JAV | 90H |
| GIRLS U15 & U16 | 200M | 800M | TJ | JAV | 90H |
| BOYS U15 & U16 | 200M | 800M | HJ | DISC | 100H |

* Under 6 compete in 2 events plus ON TRACK

* Under 7 compete in 4 events. 3 events plus ON TRACK before Xmas, 4 events after Xmas.

* U8's - U10's compete in 4 Events & U11 - U16's compete in 5 Events in this program

SEASON 2019/2020 - PROGRAM C

| | | | | | |
|----------------------------|-----------------|-------------|-----------------|-------------|--------------|
| GIRLS U6 | ON TRACK | 100M | | SP | |
| BOYS U6 | ON TRACK | 100M | | SP | |
| GIRLS U7 | 70M | 100M | ON TRACK | SP | |
| BOYS U7 | 70M | 100M | ON TRACK | SP | |
| GIRLS U8 | 70M | 100M | HJ | DISC | |
| BOYS U8 | 70M | 100M | HJ | DISC | |
| GIRLS U9 | 100M | 200M | HJ | SP | |
| BOYS U9 | 100M | 200M | LJ | SP | |
| GIRLS U10 | 100M | 200M | LJ | SP | |
| BOYS U10 | 100M | 200M | LJ | DISC | |
| GIRLS U11 | 100M | 200M | TJ | JAV | 1500M |
| BOYS U11 | 100M | 200M | TJ | JAV | 1500M |
| GIRLS U12 | 100M | 200M | LJ | DISC | 1500M |
| BOYS U12 | 100M | 200M | HJ | DISC | 1500M |
| GIRLS U13 | 100M | 200H | HJ | DISC | 1500M |
| BOYS U13 | 100M | 200H | TJ | JAV | 1500M |
| GIRLS U14 | 100M | 200H | LJ | DISC | 1500M |
| BOYS U14 | 100M | 200H | LJ | SP | 1500M |
| GIRLS U15 & U16 | 100M | 300H | HJ | JAV | 1500M |
| BOYS U15 & U16 | 100M | 300H | TJ | SP | 1500M |

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* Under 7 compete in 4 events. 3 events plus ON TRACK before Xmas, 4 events after Xmas.

* U8's - U10's compete in 4 Events & U11 - U16's compete in 5 Events in this program

SEASON 2019/2020 - PROGRAM D

| | | | | | |
|----------------------------|-------------|-----------------|-----------------|--------------|-------------|
| GIRLS U6 | 60M | ON TRACK | LJ | | |
| BOYS U6 | 60M | ON TRACK | LJ | | |
| GIRLS U7 | 60M | 300M | ON TRACK | DISC | |
| BOYS U7 | 60M | 300M | ON TRACK | DISC | |
| GIRLS U8 | 60H | 300M | LJ | SP | |
| BOYS U8 | 60H | 300M | LJ | SP | |
| GIRLS U9 | 60H | 700W | LJ | DISC | |
| BOYS U9 | 60H | 700W | HJ | DISC | |
| GIRLS U10 | 60H | 1100W | HJ | T JAV | |
| BOYS U10 | 60H | 1100W | HJ | T JAV | |
| GIRLS U11 | 80H | 1100W | HJ | SP | 100M |
| BOYS U11 | 80H | 1100W | HJ | SP | 100M |
| GIRLS U12 | 80H | 1500W | TJ | SP | 100M |
| BOYS U12 | 80H | 1500W | TJ | DISC | 100M |
| GIRLS U13 | 80H | 1500W | HJ | JAV | 100M |
| BOYS U13 | 80H | 1500W | HJ | DISC | 100M |
| GIRLS U14 | 80H | 1500W | TJ | SP | 100M |
| BOYS U14 | 90H | 1500W | TJ | DISC | 100M |
| GIRLS U15 & U16 | 90H | 1500W | LJ | SP | 100M |
| BOYS U15 & U16 | 100H | 1500W | LJ | JAV | 100M |

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* U8's - U10's compete in 4 Events & U11 - U16's compete in 5 Events in this program

U7's After Christmas

| SEASON 2019/2020 - PROGRAM A | | | | |
|------------------------------|-----|------|----|----|
| GIRLS U7 | 70M | 100M | LJ | SP |
| BOYS U7 | 70M | 100M | LJ | SP |

| SEASON 2019/2020 - PROGRAM B | | | | |
|------------------------------|-----|------|----|------|
| GIRLS U7 | 70M | 200M | LJ | DISC |
| BOYS U7 | 70M | 200M | LJ | DISC |

| SEASON 2019/2020 - PROGRAM C | | | | |
|------------------------------|-----|------|----|----|
| GIRLS U7 | 70M | 100M | LJ | SP |
| BOYS U7 | 70M | 100M | LJ | SP |

| SEASON 2019/2020 - PROGRAM D | | | | |
|------------------------------|-----|------|----|------|
| GIRLS U7 | 60m | 300M | LJ | DISC |
| BOYS U7 | 60m | 300M | LJ | DISC |